

Yoga Ouellette Campus Winter 2020

provided by Tammy Blaze from Breathe

Tuesday, January 14th - Thursday, March 19th (20 classes)

Tues/Thurs 12:00 – 12:45 (dates subject to change)

Location: Inside the Chapel

\$120 Cost to be deducted from your pay

Attend 80% of the classes, get reimbursed 50% of the cost!

Registration Deadline:

January 3rd, 2020

A minimum of 10 participants required,
and a maximum of 15 participants.

***Visit Healthy Lifestyles
online to register now!***

