

GOALS OF CARE

The Goals of Care Designation Order follows the Patient in order to guide all health care providers. Please discuss your or your loved one's *Goals of Care* with your health care provider.



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GOALS OF CARE



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OUTSTANDING CARE – NO EXCEPTIONS!

GOALS OF CARE

Goals of Care clarifies a patient's values, wishes, and goals regarding their treatment. The process aims to clarify a person's illness understanding and more specifically, their wishes.



ADVANCE CARE PLANNING SHOULD BEGIN EARLY IN A PATIENT'S COURSE OF CARE.

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WHY GOALS OF CARE?

Goals of Care is about a Patient-centric approach that integrates patient's values, wishes and goals in the context of medically appropriate treatment.

Advance Care Planning Conversations: It provides resources for Patients and their families to engage in advance care planning as early as possible in a patient's course of care and/or treatment.

Standardizes the Process for Documentation of Advance Care Planning: It provides a standardized set of short-hand instructions where the Patient's general care intentions, specific clinically indicated health interventions, transfer decisions, and locations of care are described.

Goals of Care will follow the Patient across the Continuum of Care: *Goals of Care* Designation Order will form part of the Patient's health record and will follow the Patient regardless of where the Patient lives or receives medical care.

Goals of Care Designation Tracking Record: Pertinent details of advance care planning and *Goals of Care* discussions are documented in the Patient's health record and the Goals of Care Tracking Record and will be reviewed on a continuing basis.

Each Patient takes an active role in their health care and/or treatment.

The Patient's wishes and goals are incorporated into the way decisions are made at each step of the Patient's clinical treatment.

Find resources for Advanced Care Planning by visiting: **Speak Up Ontario** <http://speakupontario.ca/>

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Goals of Care Designations involve many options and should be discussed and considered carefully. Whether care involves resuscitative care, medical care or comfort care, there are many considerations. Although at times, these decisions may be difficult to think about, it is important that *Goals Of Care* are clear and documented. This most often puts minds at ease and positions the Patient and their wishes at their centre of care. It can also reduce stress on family and loved ones when the Patient's wishes are clearly communicated and in place.

EVERY PATIENT HAS THE RIGHT TO MAKE THEIR GOALS OF CARE CHOICES KNOWN.

