

Friday, March 2nd

WRH My Care Journey: A new mobile app to make the hospital journey easier for patients and families

WRH has launched a new mobile app to help patients and loved ones know what to expect during their treatments, so they can play a more active role in their recoveries. Over 450 patients, family members and staff have already downloaded the mobile

app! The **WRH My Care Journey** app includes an easy to follow timeline and interactive push notification to keep users informed while they are in the hospital, and after they leave.

Patients and their family members are already benefitting from the new mobile app.

- A family member shared “Because I had the answers I needed about what was happening with my mom, I did not have to trouble the nurses with questions.”
- A hip fracture patient’s wife read the content of the mobile app to her husband each night before and after surgery, so they would know what to expect the next day. This helped them prepare for their physiotherapy tasks and get their home ready for when the patient returned home.
- A patient shared how the app had patient friendly language that made next steps in the treatment of their mother easy to understand.

A team of App Ambassadors will be promoting and demonstrating the app this Friday, March 2, between 10am and 2pm at the Ouellette Campus in the kiosk behind Tim Horton’s. At the Met Campus, visit the App Ambassadors on Friday, March 9, between 10am and 2pm in the vendor hallway.

Stop by and show us the app on your phone for a chance to win \$100 gift card to The Keg Steakhouse, or send a photo of you with the app on your phone or a screenshot of the app on your device to app@wrh.on.ca for a chance to win.

Have a great weekend!

The SOP Team

future@wrh.on.ca

