

Friday, April 13, 2018

Improving the Patient Journey: A Celebration of Milestones

As part of our ongoing efforts to recognize the work our teams are doing to improve the hospital experience for patients, we will be hosting brief update/celebrations at each campus throughout the year. The first will take place at the Ouellette Campus next week. Everyone is invited to attend at either of the two times listed below.

WHEN: Thursday, April 19, 2018

WHERE: Ouellette Campus - Cafeteria

TIME: 11:00 am – 11:30 am or 3:30 pm – 4:00 pm

Come and celebrate the many improvements made in recent months in standardization and optimization related to Standard Unit, Patient Flow and Quality Based Procedures. Light refreshments will be served.

The 9th Bundle Mobility – Why Movement Matters

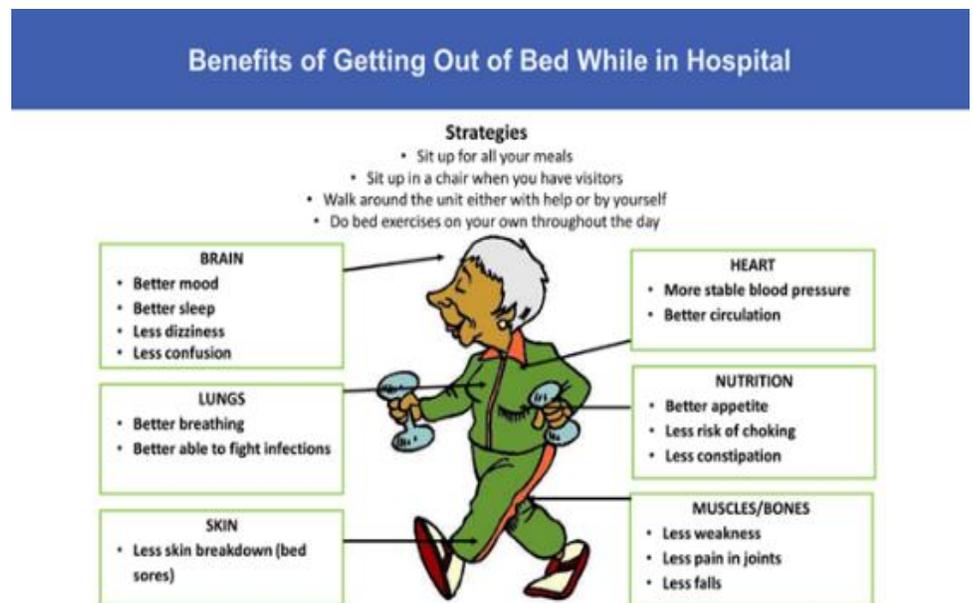
Studies show that a decline in mobility can start within 2 days of hospitalization. It is estimated that every day of immobility results in 5% loss of muscle strength. Getting patients moving prevents delirium, functional decline, and falls. Early mobilization has been proven to shorten length of stay by 1.5 days, improve the return to independent functional status and decrease the rate of depression in patients.

What is the Mobility bundle?

All patients admitted to hospital will have their mobility status assessed within 24 hours of hospitalization. Each patient will have an individualized, progressive plan developed. Mobilization is a collaboration of the entire medical team including patients and families.

This 9th bundle blends itself nicely into the current standard unit bundles. Mobility status and progress will be discussed and/or documented during Comfort Rounds, Transfer of Accountability, Care Rounds, Shift to Shift, and while the nurse is updating the in room patient whiteboard. Depending on the patient's mobility level and capabilities, mobility will include: Bed exercises, sitting at the edge of the bed or chair, transfers and ambulating with or without a gait aid.

Looking forward to next week when CTU and 4North will be the pilot units for the trial.



Rounding in the Met Campus ICU

The team in ICU has been adjusting to the new Care Round board, implemented on the unit to help improve patient flow. The team discusses the plan of care on each patient daily and updates are entered by the charge nurses each shift.

Have a great weekend!

The SOP Team

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Met ICU navigates the electronic Care Round board these past two weeks

