



ZUCCHINI PIE

SUBMITTED BY: Joan Walker, Retired Registered Nurse - Long Term Care

This recipe is simple and nutritious - - it all goes in one mixing bowl to stir before pouring in your baking dish. A family favourite. I chop and freeze zucchini when it abundantly available locally.

DIRECTIONS:

1. Combine all ingredients.
2. Pour in 10" pie plate or 9" square Pyrex dish
3. Bake 350 F for 40-45 min. (or until golden brown on top).
4. Let rest for 5-10min

INGREDIENTS:

- 3 c. diced, unpeeled zucchini
- 1 large onion, diced
- 1/2 c. grated Parmesan cheese
- 1:2 c. grated cheddar cheese
- 1/4 c. salad oil
- 1c. bisquick
- 4 beaten eggs
- 3 T. minced parsley
- 1/2 t. each of salt and pepper
- 1/4 t. cayenne pepper