



FLAMING CHEESE

SUBMITTED BY: Shannon Buckley - Psychiatry

Our family fav and ingredients can be adjusted to what you have on hand. When we can't go to Mexican Town next best thing:)

DIRECTIONS:

1. Combine: 1 green pepper, 1 red pepper(rough chop), 1 large Spanish onion(rough chop), 1 can diced herb and spice tomatoes drained, 1 pack hot Italian sausage out of casing fried and drained, 1 small can chopped jalapeno, 1 small can green chilies, 1 tsp cumin, 1/4 tsp cayenne, 1 tsp chili powder, 1lb grated Munster(or Monterey Jack) and cooked sausage meat that is drained.
2. Add spice and all other ingredients except cheese cook on simmer 20 to 30 mins till desired texture.
3. Add cheese to melt and serve with tortillas!

INGREDIENTS:

1 Green Pepper
1 Red Pepper
1 Large Spanish Onion
1 Can diced herb and spice tomatoes
1 pack hot italian sausage
1 small can chopped jalapeno
1 small can green chilies
1 tsp cumin
1/4 tsp cayenne
1 tsp chili powder
1lb grated munster(or monteray jack)