



CABBAGE SOUP (INSTANT POT)

SUBMITTED BY: Laura Adams, Retail Server

I love this soup and so does my toddler... it's so easy to make and makes so many servings.

DIRECTIONS:

1. Sauté beef and season with seasonings. Add cabbage, onion and carrots.
2. Add broth and tomatoes manual pressure for 10 mins and natural release 10 mins. Enjoy

INGREDIENTS:

1lb Ground beef or Turkey

1 Onion chopped

3 large carrots, shredded

Salt, pepper

Garlic powder

Onion powder

Can of diced tomatoes (I use rotell)

4 cups chicken or veggie broth

5 cups chopped cabbage