



BEEF STROGANOFF

SUBMITTED BY: Patty Kwiatkowski - Unit Clerk, ED-Ouellette

It's super easy, the meat is tender because it is cooked so long and it is great reheated as well.

DIRECTIONS:

1. Combine all in lasagna pan. Cover with foil. Bake at 325F for 3 hours. Stir once hourly. Add fresh mushrooms in last hour of cooking. Serve on egg noodles. (4-6 people)

INGREDIENTS:

3 lbs stewing beef (or use a roast and cut up)

2 cans cream of mushroom soup (low fat)

1 packet Lipton onion soup mix

2/3 c. cooking sherry