

**Standard Work**

<b>Job Name</b>	<b>Comfort Rounds</b>	<b>Objective:</b>	Evidence- based , structured practice of proactively rounding on patients every 2 hours with the expected outcomes of decreased incidence of patient falls, pressure injuries, patient call bell use with increased patient satisfaction and improved nursing flow	<b>Date:</b>	January 25, 2017
				<b>Owner</b>	Kelly Heron

Process Steps	Freq	Visual Aid
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<p><b>1 ON ADMISSION;</b></p> <p>a Perform appropriate assessments, risk screenings, and unit/room orientation</p> <p>b) Review Comfort Rounds Program with each patient and their family <b>RESOURCES:</b> Falls Brochure, review the 5 P's, explain white board clock as a means to communicate when you'll return to do comfort rounds</p> <p>c) Document Comfort Round in appropriate area of patient record</p>	<p>on admission</p> <p>every shift</p> <p>always</p>	<div style="border: 2px solid red; padding: 5px;"> <p>Why do Comfort rounds?</p> <ul style="list-style-type: none"> <li>• Proven best practice for prevention of falls</li> <li>• Improvement of Patient Satisfaction</li> <li>• Organized nursing workflow</li> </ul> <p>Guidelines for Comfort Rounds</p> <ul style="list-style-type: none"> <li>• Conducted minimally every 2 hours or more often if clinically indicated</li> <li>• May be done in conjunction with other scheduled activities- but must be deliberate and focused</li> <li>• May be done alone or in a team, based on patient needs. Nursing to determine if patient needs to be woken for toileting during rounds</li> </ul> <p>Be proactive!</p> <ul style="list-style-type: none"> <li>• Enter room 'Back as promised'.</li> <li>• Check the 5 P's ( Pain medication, Position, Personal Needs, Pump, Personal Items)</li> <li>• Environmental / Safety Scan</li> <li>• Pathway is clear</li> <li>• Fall prevention interventions ( signage, bed alarm, bed in the lowest position, anti-skid socks)</li> <li>• Prior to leaving 'Is there anything else that you need? I have the time.</li> <li>• I will return at ____ (time)</li> </ul> </div>
<p><b>2 NURSE CONDUCTING A COMFORT ROUND;</b></p> <p>a) Introduce yourself by name and credentials, utilizing patient whiteboard, update the clock</p> <p>b) State your commitment to providing good, safe care including comfort rounds -discuss clock on whiteboard</p>	<p>every shift</p>	
<p><b>3 CHECK "THE 5 P'S" OF COMFORT ROUNDS;</b></p> <p><b>1. PAIN Medication;</b> Ask the patient if they are having any pain, record score on corresponding flowsheet, follow- up with medication, non-Pharmacological pain relief measure and /or notification of physician for further orders</p> <p><b>2. PERSONAL NEEDS;</b> Assist with toileting, oral care, pericare, Foley care (Toileting regime, Briefs, Foley Catheter)</p> <p><b>3. POSITION ;</b> To improve comfort, prevent skin breakdown and decrease muscle weakness/loss, assist patients who cannot move themselves by turning and reposition every 2 hours during rounding. Off load areas of bony prominences including heels (3 mobilizations or more per day, turn and reposition)</p> <p style="text-align: center;">"I'm here to do comfort rounds to ensure your safety" Proceed to assess the 5 P's of Comfort Rounds</p> <p><b>4. PERSONAL ITEMS</b> Ensure all belongings (TV, kleenex, water, garbage), Phone and call bell are within patient reach, Bedside table is in an appropriate height and clear of clutter</p> <p><b>5. PUMP IV;</b> Ensure medications/fluids are infusing at prescribed rate, insertion site appears within normal limits and pumps are plugged in and cords are out of the way. Bed alarm - Equipment is working</p>	<p>every 2 hours or more frequently as required</p>	
<p><b>4 Conduct Environmental/Safety Scan:</b></p> <p>a) Personal items are within reach</p> <p>b) Call bell is within reach and the patient can demonstrate how to use it knows how to use it</p> <p>c) Bed is in the lowest position Bedside table is within reach</p> <p>d) Room is decluttered</p> <p>e) Pathway is clear</p> <p>f) Fall interventions in place</p>	<p>every 2 Hours or more frequently as required</p>	
<p><b>5 Prior to leaving;</b></p> <p>a) Ask "Is there anything else that you need? I have time. I will return at ____ (time) and circle time on whiteboard clock.</p> <p>b) Instruct patient to use call bell for urgent matters, return demonstrate to ensure patient is able to use call bell properly</p>	<p>always</p>	
<p>Reference; Fall bundle Standard work</p>		
<p><b>RESOURCES:</b> Badge Cards, ppt presentation, patient information/fall risk pamphlet Comfort Round Flowsheet WRU2748, WRU2693, Medicine flowsheet, or WRU1757 Acute Care flowsheet</p>		

The visual aid section contains three forms. The first is a 'Fall Risk Assessment' form. The second is an 'Acute Care Flowsheet' with various checkboxes and fields. The third is a patient care summary form for Room # 4101A, Phone Ext # 5566, dated May 10, 2016. It includes fields for Nurse Name (Kevin), Physician Name (Dr. Zakaria), Diet (Diabetic), Mobility (Independent), and Discharge Status (You will be leaving the hospital on this date: Thursday, May 12). A clock icon is circled in red on the bottom right of the summary form.