



January 31, 2012 | VOLUME VI | EDITION 4 www.wrh.on.ca

If you are going to achieve excellence in big things, you develop the habit in little matters. Excellence is not an exception, it is a prevailing attitude. ~ Colin Powell

Therapeutic Recreation Week

Therapeutic Recreation Week is February 5th to February 11th. The 2012 theme is: “*More Than You Imagine*”. Therapeutic programs are designed to promote independent functioning within the physical, emotional, mental, spiritual and social domains, and to educate individuals about the skills and resources required to participate in recreation and leisure. What distinguishes Therapeutic Recreation from other Allied Health Professions resides in the richness of recreation. The recreation experience provides a sense of purpose and context necessary for creating meaningful lives. Visit the display at Malden Park Lobby and enter a free draw for Prizes!!!

All Staff—Town Hall Meeting—February 3, 2012

All Staff are invited to a Town Hall meeting on the subject of *Budget 2012* on Friday, February 3, 2012 at the Tayfour Campus—video conferenced to the Met Campus Auditorium. The meeting will be taped and posted to the Intranet for those unable to attend.

Ode to Spring

Enjoy an exquisite 5 course meal at St. Clair Centre for the Arts on Friday, March 9th at 6:30 pm. The event features the Trillium Chef’s of Canada on their journey to the 2012 International Culinary Olympics. Tickets are \$125 per person or two tickets for \$200 and a table of 10 for \$1000. Proceeds support the WRH Paediatric program. Reserve your tickets by calling the WRH Foundation at 519-985-2656 or visit www.prohope.com.

Be Your Best in 2012

Join Mike Bates, Refine Fitness Studio, Dr. Natasha Zajmalowski, ND and Dr. Sarah Woodruff-Atkinson, PhD CEP from the University of Windsor on Tuesday, February 21, 2012 to learn how to eat healthy and look great. The event will be held from 6-9 p.m. at the HK Building, University of Windsor (2555 College Ave.) These three experts will share tips and tricks to radically and rapidly improve your quality of life. A \$10 donation is suggested at the door in support of the *Cornerstone of Caring Campaign* at Windsor Regional Hospital. To register visit www.windsorchallenge2012.mypeppergame.com or call Michelle at (519) 519-253-9400.

Detroit Red Wing Tickets on Sale

A limited number of tickets are now available for the March 19th **Detroit Red Wings vs. the Washington Capitals** game. For \$55 per person, you receive a ticket to the game and a voucher for a hot dog & pop. Tickets are located in section 227A. In addition, everyone who purchases a ticket will be entered into a draw for a Zamboni ride during the second intermission! For tickets contact Kim at ext. 52458.

Did you know?

A new computerized surgical patient chart system becomes effective January 31, 2012.

Kudos to all those involved in launching this new system.

The Tribune is a Publication of the Public Affairs Department of Windsor Regional Hospital.
Submissions can be made to gisele_sullens@wrh.on.ca or by calling ext. 52008.