



In the book of life, the answers aren't in the back. ~Charlie Brown

Cardiovascular Technologist Day

February 14th is national Cardiovascular Technologist Day. This day is used to celebrate the hard working CVT's (Cardiovascular Technologists). Their job includes EKG, stress testing, holter monitoring, echocardiography, pacemaker implant and evaluation. These are diagnostic tests to evaluate heart disease. There are currently 10 CVT's working at WRH. They are definitely technologists with heart!!!

Stop, Think and Care

Unresolved conflict in the work place can have significant effect on the quality of work and ultimately the quality of care in our organization. Small differences of opinion, **tone and use of words** can escalate into more serious problems if not addressed early and in an effective manner. **STOP, THINK AND CARE** is a program aimed at helping staff members improve communications with others in order to avoid conflict, **gossiping and bullying** in the workplace. It focuses on improved communication and respect for colleagues. Led by Lisa Ingratta, RN on the Family Birth Unit, **STOP, THINK and CARE** is proactive program. The Family Birthing Centre (FBC) will be piloting the program with their staff and are in the process of recruiting ADVOCATES to help deliver the message. The future goal is to make this program available to other units. For more information about **STOP, THINK and CARE**, contact Melissa Simas, Manager, Human Resources at ext. 72302.

Pasta Nights

Enjoy a night off from cooking by attending one of WRH's upcoming **Pasta Nights**. The first one is happening on Tuesday, February 23 at Place Concorde from 5 to 7:30 p.m. Tickets are available in advance from the Foundation office and takeout is available. The second Pasta Night is Wednesday, March 3 at the Caboto Club from 4:30 to 7:30 p.m. These are great family-friendly events that support the **Cornerstone of Caring** campaign for Western Redevelopment. (Prices are \$8 for adults, \$6 for children and \$9 for takeout). For more information contact Kim Willis-More at ext. 52458.

Education Opportunities

Thursday, February 25, 2010: Ontario Respiratory Care Society "**All You Need Is Lungs**" at the Serbian Centre. WRH will qualify for the group discount.

Thursday April 15, 2010: **Respirology Update 2010** Conference at Pointe West Golf Club. Topic "End Stage Lung Disease Therapies". Contact Diane Hernandez at ext. 52718 for registration information.

Did you know?

**Windsor Regional Hospital has a WiFi network at the Met Campus for patients and visitors.
Call Switchboard to get the login and password.**

