



# FRONTLINE SEPTEMBER 17, 2018 TRIBUNE

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COMPASSION is our  
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital  
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## WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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[facebook.com/windsorregionalhospital](https://www.facebook.com/windsorregionalhospital)



@WRHospital

## Leukemia, Lymphoma And Myeloma Awareness Month

The Leukemia & Lymphoma Society of Canada was founded in Toronto in 1955 by five women concerned with the lack of focus on leukemia research. They raised money for research and the first Provincial charter for the City of Hope Leukemia Fighters was issued in 1957. The focus of the group was to raise funds for Canadian hospitals affiliated with cancer care.

In 1965, the official name was changed to Toronto Leukemia Fighters, This was also the first year all funds raised were donated to Mount Sinai Hospital which invested heavily in leukemia and related blood disorders.

In 1972, the organization's name changed again to the Leukemia Research Fund. In 1983, another organization with a similar mission, the Crusade Against Leukemia, amalgamated with the Leukemia Research Fund. The organization expanded outside of Toronto over the next few years. The Leukemia Research Fund of Canada became a registered charity in 1992.

Similar to what was done in the United States, the official name change became The Leukemia & Lymphoma Society of Canada. The Canada organization is a separate entity focused on funding Canadian research and supporting Canadians in need as they go through their cancer journey.

The Leukemia & Lymphoma Society of Canada is a voluntary health agency dedicated to blood cancers. It provides free information and support services to patients and caregivers. Its mission: Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families,

A commitment to cutting-edge science has contributed to an unprecedented rise in survival rates for some people with blood cancers. The relative five-year survival rate for people with leukemia nearly quadrupled in the past 48 years. Hodgkin lymphoma is now considered one of the most curable forms of cancer, thanks to radiation and chemotherapy.

The Windsor Regional Cancer Program provides My Cancer Guide, an online education tool for patients and families attending the Cancer Centre. The Windsor Cancer Foundation funds the guide for patients affected with lung, colorectal, prostate, breast and melanoma cancers.

To access My Cancer Guide, go to [www.wrh.esc.mycancerguide.ca](http://www.wrh.esc.mycancerguide.ca). Access code: myguide1. Select 'healthcare professional' by scrolling down.



**LEUKEMIA,  
LYMPHOMA,  
MYELOMA =  
Blood  
Cancer**



Visit our website for more information at [www.wrh.on.ca](http://www.wrh.on.ca)

# UPCOMING EVENTS

## SEPTEMBER 22

### Pancake Breakfast

Applebee's Restaurant  
2250 Walker Road, Windsor

## SEPTEMBER 25

### EDA Power Shot Golf Tournament

Enwin Utilities & Essex Powerlines  
Ambassador Golf Club

## OCTOBER - NOVEMBER 20

### Alzheimer's Society of Windsor Essex Coffee Break Campaign

## OCTOBER 25

### Do Good Divas

Night in Handbag Heaven  
www.dogooddivas.com

## NOVEMBER 15, 2018

### City Of Roses Sixth Annual Emergency Medicine Conference

Ciociaro Club  
3745 North Talbot Road, Windsor

## DECEMBER 16, 2018

### Children's Christmas Party Ciociaro Club

3745 North Talbot Road, Tecumseh

## JANUARY 26, 2019

### T2B Gala

Caesars Windsor  
377 Riverside Drive East, Windsor

## APRIL 19, 2019

### Volunteer Appreciation Party

Riverside Sportmen's Club  
10835 Riverside Drive East, Windsor



According to a recent study, Tdap (tetanus, diphtheria, acellular pertussis) vaccination for pregnant women does not increase risk of autism. Of the 81,993 children studied, 1.5% whose mothers were vaccinated had a diagnosis of autism, compared to 1.8% of unvaccinated mothers. This compares to the estimated prevalence of autism of 1.7%.

# Don't EAT where you TREAT

Department Designated Areas	Food NO	†Drinks YES
Staff Lounges & Lunch Rooms	Food YES	Drinks YES
Conference Rooms	Food YES	Drinks YES
Private Offices	Food YES	Drinks YES
In Hallways Between Patient Rooms	Food NO	Drinks NO
In Clinical Environments *	Food NO	Drinks NO

\* Includes patient/outpatient/procedure/examination areas, OR/PACU, labs, patient supply/storage areas/carts, housekeeping carts, spaces used to store or process medications, cleaning supplies, hazardous chemicals, clinical specimens, patient equipment, sterile supplies, linens, etc.

† Covered drinks only (i.e., plastic lid, capped, etc.)

Occupational Health and Safety Act, Regulation 67/193 - Health Care, Section 32:  
**NO food, drink, tobacco or cosmetics shall be consumed, applied or kept in areas where infectious materials, hazardous chemicals or hazardous drugs are used, handled or stored.**

 **WINDSOR REGIONAL HOSPITAL**  
OUTSTANDING CARE - NO EXCEPTIONS!



**SUPPORT WINDSOR REGIONAL HOSPITAL FOUNDATION  
THROUGH THE NATIONAL BANK FINANCIAL  
WEALTH MANAGEMENT COMMUNITY SUPPORT PROGRAM**

Receive world class investment advice and financial planning help  
and support Windsor Regional Hospital Foundation at the same time.

Contact me at 519-258-7349 or [larry.sandre@nbc.ca](mailto:larry.sandre@nbc.ca) and I will meet  
with you to determine if this program will be right for you.

**Larry Sandre, CPA, CA, IA**



# VENDORS ON DISPLAY

## SEPTEMBER 17 - 21, 2018

**Met Campus:** Magnolia & Vine, Monique's Boutique, Unique Books,  
Robert Bishop Artwork, G&D Jewellery, Express Uniforms, Just Jewellery

**Ouellette Campus:** Shoreview, Express Uniforms, Little Red Door,  
Monique's Boutique

*Please note: Vendors subject to change.*

## INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



**Hisham Ahmed**

DISCHARGE  
TEAM  
VOLUNTEER SERVICES



**Celeste Pane**

REGISTERED  
NURSE  
MENTAL HEALTH



**Samantha Morand**

RADIOLOGY  
TECHNOLOGIST  
DIAGNOSTIC IMAGING



**Stacey Rowen**

SUPERVISOR  
GUEST  
SERVICES



## Run For Windsor

The Run for Windsor hosted a group of runners and walkers along the Riverside Drive trail on Saturday, September 8th when the Ahmadiyya Muslim Jama'at - Windsor Chapter held its second event in support of the future Satellite Urgent Emergency Care Centre.

We congratulate participant Ben Parent of the WRH Cancer Program for coming in first overall. The early morning event saw a host of dignitaries kicking off the run which started at Windsor's Riverfront Festival Plaza.

The Ahmadiyya Muslim Jama'at vision is Love for All – Hatred for None seen on every t-shirt worn by runners and walkers. It is their creed as Canadians in Windsor and throughout Canada.



TOGETHER WE CAN  
MAKE A DIFFERENCE!



United Way  
Centraide  
Windsor-Essex County



WINDSOR  
REGIONAL  
HOSPITAL  
OUTSTANDING CARE—NO EXCEPTIONS



## 2018 UNITED WAY CAMPAIGN

Look for your United Way Pledge Card on September 12th  
in Mail Slots, on the Intranet or on Display Tables in Lobbies

Return your pledge card and raffle ticket (see below) by

EARLY  
BIRD  
DRAW

**NOON, THURSDAY, SEPTEMBER 20, 2018**

to Met Campus, Public Affairs (Ext. 52005) OR

Ouellette Campus, Public Affairs (Ext 32539)

and you will be **ELIGIBLE TO WIN:**

**\$600 in Gift Cards of Your Choice!**

(Choose from clothing, electronics, groceries, gas and more!)

EARLY  
BIRD  
DRAW

All pledge cards and raffle tickets returned by **Noon - Thursday, September 27th**

Will be eligible to WIN one of the following prizes:

- (5) Family BBQ Packages including a \$50 Ted Farron's Gourmet Butcher Shop Card
- (1) Instant Pot—10 in 1 multi use programmable Pressure Cooker
- (1) Echo Dot
- (2) Adventure Bay 4-Pack Family Passes
- (1) \$25 M & M Food Market Gift Card and Digital Glass Scale
- (1) \$25 President's Choice Gift Card and 4 Porcelain Bowls with Bamboo Tray
- (1) \$25 Tim Hortons Gift Card, 4 Espresso Cups and a Toaster
- (2) Free Oil Change Compliments of Maple Lube

Minimum \$26 (\$1 per pay or Cheque/Cash/Credit Card) donation to be eligible

100<sup>th</sup>  
Anniversary

WINDSOR REGIONAL  
HOSPITAL  
FOUNDATION  
License # M818619

# Raffle

with Windsor-Essex County Association of Realtors

**TICKETS: \$5 EACH**

Chance to win 1 of the following 6 prizes.

PRIZE ITEM	VALUE
1) Special SHINOLA Package (His & Her Watches, Backpack, Portfolio, Pen)	\$ 3,658
2) Two Unisex BMW Cruise Bikes	\$ 2,093
3) Windsor Spiffire Suite for 2018-19 season (14 person luxury suite)	\$ 1,356
4) Travel Voucher with Luggage (LaSalle Travel and The Personal)	\$ 1,735
5) Via Rail Travel Voucher	\$ 500
6) Cash Prize of \$700	\$ 700

Proceeds benefit the Windsor Regional Hospital Foundation toward the future Acute Care Hospital. You do not need to be present to win. Maximum of only 10,000 tickets sold. Draw will take place on December 7, 2018 at the Cioclaro Club, 3745 N Talbot Rd, Oldcastle, ON.

Purchase your tickets at the Public Affairs/Foundation Office  
and the Nevada Desks at Met or Ouellette Campuses.

## Enjoy a short stack for a tall cause.

You're invited by Dr. Norman A. McCormick Chapter, IODE to an Applebee's Flapjack Fundraiser breakfast. Funds raised will support the Windsor Regional Hospital Foundation and Paediatric Child Life Services department.

**TICKETS ARE \$10.00 EACH**

Saturday, September 22, 2018 / 8am - 10am

Applebee's Neighbourhood Grill & Bar / 2250 Walker Road, Windsor

For tickets call Renee Hopes at 519-254-5577 ext.33184

or [renee.hopes@wrh.on.ca](mailto:renee.hopes@wrh.on.ca)

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## CITY OF ROSES 6TH ANNUAL 2018 COMMUNITY MEDICINE CONFERENCE

**THURSDAY, NOVEMBER 15, 2018**

**The Ciociaro Club, 3745 North Talbot Rd, Oldcastle ON N0R1L0**

**Time: 7:00am - 5:45pm**

Come join us for a day of informative lectures & ED case studies pertinent to your daily work experiences. Breakfast, Lunch & Coffee Provided.

**Cost: \$35** (plus \$3.10 eventbrite processing fee)

**SPEAKERS** (In Order Of Appearance)

- Dr. David Carr**  
Keynote Speaker: Aorta Will #5&I You Up: Pearls and Pitfalls in the Diagnosis of Aortic Dissection
- Dr. Allison Morand**  
"Things just don't seem right?" - Novel Chatham ED Cases
- Dr. Edward Sabga**  
Releifer Madness - Legalized Cannabis: Recreational Complications in ED
- Dr. Jody Slasko**  
Dental Bites: A Mouth Full of Pearls
- Dr. Alice Tsui**  
Don't Crash and Burn: An Interactive Discussion on Recognizing and Managing Burnout in Health Care Providers
- Dr. David Carr**  
Keynote Speaker: Endocarditis Will Also #5&I You Up: Pearls and Pitfalls in the Diagnosis of Endocarditis.
- Dr. Bram Dolcourt**  
Cranking the Dragon - The Drug Crises of Fentanyl & Crystal Meth
- Dr. Therese Mead**  
Pediatric Toxicology: Laundry Pods, Edibles (and other things kids shouldn't eat)
- Dr. Amit Bagga**  
IV Contrast Nephropathy: To Dye or Not to Dye, That is the Question
- Mrs. Monica Stoley Liang**  
Patient Satisfaction: What are we Missing? (Interactive discussion)

- Dr. Jeya Nadarajah**  
Orange is the New Black - The Re-emerging Infectious Diseases
- Dr. Wossim Saad**  
Management of Atrial Fibrillation in the ED with a Focus on Anticoagulation Emergencies
- Dr. Sindu Kanjeekal**  
Oncology Pearls - Two things you need to know in the ED
- Dr. Jeya Nadarajah**  
Kick the Tick: A Primer on Lyme Disease
- Dr. Vladislav Khokhlova**  
Bariatric Surgery: When to be Concerned in ER
- Dr. James Webley**  
Ortho Primer: FDFA & SCFE
- Dr. Sara Guerra**  
Plastics Tips: Burn Management
- Dr. Diane Bradford**  
Injury Trends: What are they, why should I care, and what can I do to make a difference?
- Dr. James Webley**  
Ortho Primer: Another Serving of Emergency Ortho
- Dr. Jody Slasko**  
Keeping People Alive: Optimizing our Most Critical Patients

[WRHcityofrosesedconference.ca](http://WRHcityofrosesedconference.ca)

# #RECIPEOFTHEWEEK

## Rainbow Frittata

**Makes 4 servings**

**Preparation: 30 min**

### INGREDIENTS

- Nonstick cooking spray
- ¼ cup ½-inch pieces sweet potato
- ¼ cup ½-inch pieces yellow sweet pepper
- ¼ cup coarsely chopped fresh broccoli
- 8 eggs
- 1 teaspoon snipped fresh basil
- ½ teaspoon snipped fresh thyme
- ½ teaspoon salt
- ½ teaspoon cracked black pepper
- 1 avocado, halved, seeded, peeled and thinly sliced
- 5½ cups grape or cherry tomatoes, halved
- Sriracha sauce



### DIRECTIONS

Preheat oven to 350 F. Coat an oven proof 10-inch nonstick skillet with cooking spray. Add sweet potato, sweet pepper and broccoli; cook and stir over medium 5 to 7 minutes or until tender. In a medium bowl whisk together eggs, basil, thyme, salt and black pepper. Pour mixture over vegetables in skillet. Cook, without stirring, until mixture begins to set on bottom and around edges. Using a spatula, lift egg mixture so uncooked portion flows underneath. Transfer skillet to oven; cook 5 minutes or until egg mixture is set. Remove from oven. Let stand 2 minutes. Top servings with avocado and tomatoes. Drizzle with sriracha.

### NUTRIENTS Per Serving

Calories: 219; Protein: 14g; Total Fat: 15g; Carbohydrates: 8g; Sugar 2g; Fibre 3g; Sodium 226mg



## A Girls Night Out In Handbag Heaven

Featuring the Auction of Handbags donated by Celebrities,  
Retailers and Generous Individuals

**Special Silent Auction Feature**  
Vintage & Collectible Handbags

**Thursday, October 25th, 2018**

Giovanni Caboto Club | Doors Open 5:00 PM / Dinner 6:30 PM



Ticket price includes Dinner,  
Tim Hortons Coffee Bar and much more.

**\$60.00** Each / **\$550.00** Table of 10

Call: 519-735-0211

Email: [tickets@dogooddivas.com](mailto:tickets@dogooddivas.com)

Proceeds to benefit the Unemployed Help Centre  
"Shuttling for Success" program.

Handbag Donations Appreciated | Drop off during business hours at

**Harmony Day Spa**  
4114 Walker Road, Ferrari Plaza, Suite 3  
Windsor, Ontario N8W 3T5

**Forest Glade Fireplaces**  
11400 Tecumseh Road  
Windsor, Ontario N8N 1L7

[www.dogooddivas.com](http://www.dogooddivas.com)



**Wednesday, September 26th**

**11am to 12pm**

## Childhood Cancer Awareness Month Event

**Windsor Regional Hospital**  
First floor  
next to Gift Shop

Celebrate Childhood Cancer Awareness Month with our community partners, staff and oncology families. This event is intended to raise community awareness about childhood cancer. We will be having fun activities, refreshments & guest speakers. We hope to see you at our event to help us spread awareness about childhood cancer in our community.



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