

Wound Care Essentials Conference



Case
Studies

CASE STUDY #1

84 year old woman

Past Medical History: Diabetes,
Rheumatoid arthritis

Medications: Insulin to scale, prednisone
5mg daily, multivitamin with minerals,
Tylenol #3 as needed every 4 hrs for pain

CASE STUDY #1



CASE STUDY #1

- What could be the cause of these areas?
- What other information in her history would be important when developing her plan of care?
- What dressings would be appropriate?
- What nursing interventions would be appropriate?

CASE STUDY #2

- Mrs. R presented with ulcer to sacral area
- Immobile (bed/chair), incontinent, hx. Stroke with right-sided paralysis, dependent on tube feeds via g-tube
- What would be her Braden Score?
 - Red – 21-23
 - Green- 18-20
 - Blue- 12-14
 - Yellow – 6-8

CASE STUDY #2



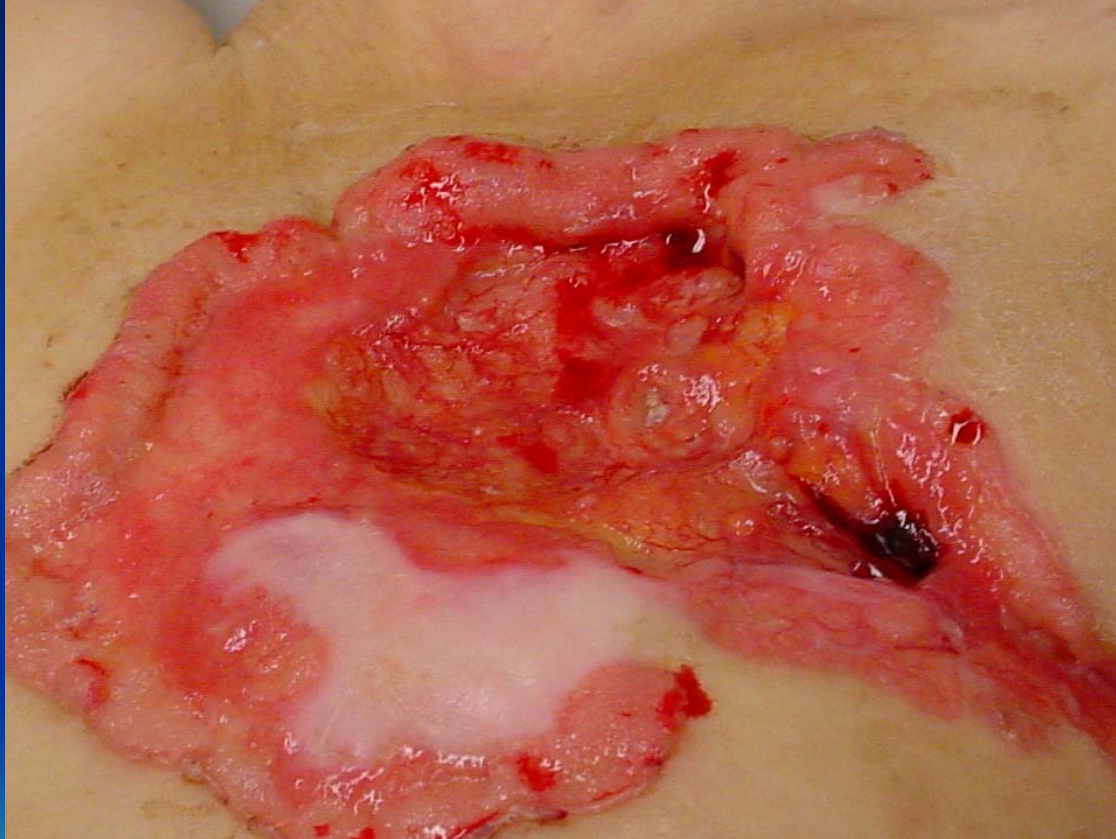
CASE STUDY # 2

- What would you stage her ulcer as?
 - Red – stage II
 - Green – stage III
 - Blue – stage IV
 - Yellow – unstageable
- What types of dressings would be appropriate?
- What other nursing assessments/interventions/treatments would you perform in light of her history?

CASE STUDY # 3

- Mrs. C presented in the hospital with SOB, exacerbation of COPD
- While taking her history she reported a leg “ulcer” non-healing for 6 months that she’s been “taking care of on my own” with over-the-counter steroid creams
- Other history is poorly controlled diabetes, obesity and elevated cholesterol levels

CASE STUDY # 3



CASE STUDY # 3

- What part of her history would be concerning to you?
- Upon closer assessment, you notice that the “ulcer” has raised areas and bleeds easily with cleaning

CASE STUDY # 3

- What tests/exams/consults would you expect the physician to order?
- What type of wound would you expect this to be classified as?
- What types of dressings would you choose for this patient?

CASE STUDY # 4



CASE STUDY # 4

**WHAT WOULD YOU NEVER, EVER,
EVER, DO WITH THIS WOUND???**



CASE STUDY #4

- What WOULD you do to this wound?
 - Dressings
 - Other equipment
- What consults/tests would you advocate for?



CASE STUDY # 5

- Ms. P.T. an obese 40 year old female who works in retail which involves standing for extended periods at a time.
- Recently diagnosed with Type 2 diabetes and is managed well on oral hypoglycemics.
- Presented with red, weepy, edematous leg.
- Other leg was also edematous but intact.
- C&S report ---- Enterococcus and the dreaded MRSA and MRSE

CASE STUDY # 5



CASE STUDY # 5

- What do you think is the cause of this wound? What type of ulcer would it be classified as?
- What dressings would you use to treat it?
- What other nursing interventions would be appropriate?



CASE STUDY # 5

After 2 weeks
of treatment
with antibiotics,
dressings,
good skin care
and
compression



CASE STUDY # 6

- Mr. V 58 yr old with history of type 1 diabetes, controlled by insulin
- Complains of excruciating leg pain especially at night
- Taking large amounts of narcotics with no real improvement in pain control
- Admitted as he is unable to cope anymore at home

CASE STUDY # 6



CASE STUDY # 6

- What type of ulcer would you classify this as?
 - Pick a coloured card:
 - Red--Arterial
 - Green--Diabetic
 - Blue--Pressure
 - Yellow—All of the above
- What dressings could we use to treat it?
- What is our goal?
- What other nursing interventions would be appropriate?

Erie/St.Clair Enterostomal Therapy Network – Wound Care Essentials Conference April 10, 2008

We would like to thank-you
for attending.



We would like to thank our
sponsors for their tremendous support and all the
companies for their participation.