

## MEPILEX FOAM

Soft Silicone Foam Dressing



Procure No. 70059 10 cm x 10 cm size

### **DESCRIPTION**

Mepilex consists of a Safetac wound contact layer, a flexible absorbent pad of polyurethane foam and an outer film which is vapour permeable and waterproof.

Safetac is a patented soft silicone adhesive technology that minimizes pain to patients and trauma to wounds. Safetac technology is less painful because:

1. It tacks gently to dry surfaces, like skin, but not to moist surfaces such as open wounds.
2. Moulds to the skin's pores, covering more skin surface and spreading peel forces on removal to prevent skin stripping
3. Seals the wound margins, ensuring exudate does not spread to the surrounding skin and minimizing maceration.

### **INDICATIONS**

Mepilex is designed for a wide range of exuding wounds:

- Leg and Foot ulcers
- Pressure ulcers
- Traumatic wounds e.g. skin tears and secondary healing wounds

#### **Mode of Action:**

- Mepilex is a highly conformable dressing that absorbs exudate and maintains a moist wound environment
- As Mepilex maintains a moist wound environment, supporting debridement, there might be an initial increase in wound size – this is normal and to be expected
- Mepilex can be cut to suit various wound shapes and locations
- Mepilex can be used under compression bandaging
- Mepilex can be used in combination with gels

### **CONTRAINDICATIONS**

- There are no listed contraindications

### **PRECAUTIONS**

- In case of signs of clinical infection, consult a health care professional for adequate infection treatment
- Do not use Mepilex together with oxidizing agents such as hypochlorite solutions of hydrogen peroxide
- If reused performance of the product may deteriorate, cross contamination may occur

### **DIRECTIONS FOR USE**

1. Cleanse wound using sterile saline solution.
2. Dry the surrounding skin thoroughly.
3. Remove the release films and apply the adherent side to the wound. Do not stretch.
4. For best result, Mepilex should overlap the dry surrounding skin by at least 1 – 2 cm for the smaller sizes (sizes up to 12.5 x 12.5 cm) and 5 cm for the larger sizes in order to protect the surrounding skin from maceration and excoriation and fixate the dressing securely. If required, Mepilex can be cut.
5. When necessary, fixate Mepilex with a bandage or other fixation.

### **FREQUENCY OF CHANGE**

- May be left in place for several days depending on the condition of the wound and surrounding skin, or as indicated by accepted clinical practice.
- A change in dressing regimen can result in an initial increased level of exudates, which temporarily may require an increased change frequency.

Adapted from Molnlycke Health Care Product Insert 2011