

## IODOSORB

Cadexomer Iodine Ointment



Procure No. 53696373

### **DESCRIPTION**

Iodosorb ointment is for topical application. Iodosorb ointment is an antibacterial agent which cleans the wound, reduces pain and speeds up the healing process.

### **INDICATIONS**

- Topical treatment of chronic exuding wounds
- Infected wounds where close monitoring and supportive treatment is provided
- May be used under compression therapy to wound surfaces

### **CONTRA-INDICATIONS**

- Pregnancy or breast feeding
- Known allergy to iodine products
- Thyroid diseases (iodosorb may be used with caution – patient specific)
- Renal issues (iodosorb may be used with caution – patient specific)

### **PRECAUTIONS**

- If you are taking medications that include lithium or tauridine notify your physician
- If you are using antiseptics containing mercury notify your physician
- If you are to undergo tests for thyroid function notify your physician
- If the wound is large not more than 50g (equivalent to 5 x 10g tubes) should be applied as a single dose and not more than 150g (equivalent to 15 x 10g tubes) should be used in one week

### **DIRECTIONS FOR USE**

#### **Applying Iodosorb Ointment**

1. Clean the wound and the surrounding area with saline. Pat the surrounding skin dry. Do not dry the wound base.
2. Apply Iodosorb ointment to a dry sterile gauze in the shape of the wound ensuring all parts of the wound will be covered to a depth of 3mm.
3. Position the prepared dressing onto the wound ensuring the Iodosorb ointment does not extend over to the intact surrounding skin.
4. Lightly smooth a gloved finger over the dressing to spread the ointment underneath if required to ensure the entire base is covered.

#### **Changing Iodosorb Ointment**

1. Iodosorb ointment should be changed three times a week or when it becomes saturated and loses all of its colour.
2. If necessary soak the dressing for a few minutes, then remove.
3. Remove the remaining Iodosorb ointment with a stream of saline, using a sterile moistened swab if necessary.
4. Gently blot any excess fluid, leaving the wound surface slightly moist, before re-applying the ointment.

#### **After using Iodosorb Ointment**

1. Iodosorb ointment may cause discomfort for the first hour after treatment. This indicates the product is starting to clean the wound.
2. Occasionally, Iodosorb ointment may cause the skin around the wound edges to redden – this will pass. If the symptoms persist, notify the nurse or physician.

### **FREQUENCY OF CHANGE**

- Daily up to every 3 days based on volume of drainage

### **OVERDOSAGE**

If more than 50gm has been applied to the wound as a single application, or more than 150g in a week.

**\*An alternate treatment should be considered if the above amount would be required.**

Adapted from Smith & Nephew Product Insert 2006