



“This hospital is part of our family”

The day that Mike Saffran finished his final round of radiation, he rang the gong in the cancer centre so loudly that he surprised everybody within earshot. A man who was asleep jumped straight into the air!

Who can blame Mike, after 39 rounds of radiation?

That was in 2019. But in August of 2020, doctors found two spots of cancer in Mike’s colon. Within a month he was on the



"This is a photo of me when i finished my 39th radiation treatment. It was a very happy moment and the sound when I hit the gong reverberated everywhere."

operating table, having the right side of his colon removed.

“It was tough. But the staff were just marvelous. They were compassionate, they cared, and they really wanted me to get better.

I’m cancer free, and that’s why I’m able to be sitting here today talking to you.

I was born during the Depression. I’m 88 years old. At this point, I’ve been given a few extra years — so things are good!”

As Mike says, Windsor Regional Hospital “is part of our family.” His mother and dad were cared for here, as were his brother and brother-in-law. All of his own children were born here, too.

“Truthfully, I don’t know how the staff here do it. It’s got to be tough. But everyone that I encountered was just amazing. From the check-in desk when you first arrive, to the bloodwork, then going to treatment. And I thank them for giving me such good care.”

When Mike read in a donor newsletter about some medical equipment that our teams urgently needed, he felt like it was a great



Mike was so grateful for the care that he received that he decided to give back by purchasing a piece of equipment needed.

way to give back to the hospital who had cared for him so much.

“I know that there is always a need for new equipment. So I phoned up the Foundation and said, ‘I’m going to buy that machine for you. In payback, so to speak, for all the good care that I got.’”

Mike would like to encourage others to get involved as well, knowing what excellent care Windsor Regional Hospital takes of this community.

“Here, you are treated with respect. It’s a caring place, and the team here is something to behold. I am forever thankful for all the good work they’ve done.”

Interview with the Doctor

Dr. Sabeena Misra is a Gastroenterologist and the Director of Endoscopy. We asked her how the Endoscopic Ultrasound which donors helped purchase is being used to save patients' lives.

What is the Endoscopic Ultrasound used to diagnose?

An endoscopic ultrasound (EUS) procedure is used to scan the inside of a patient's GI tract. It can detect pancreatic cancer as well as cancer that has spread to other parts of the body. It can look for cancer in the esophagus, stomach and small bowel, too.

How is it making a difference to patient care?

Having the Endoscopic Ultrasound here has eliminated the need for our patients to travel to London for this procedure — and means that our patients do not need to wait as long. It is very difficult for some of our patients to travel to London. Now that we have this machine in Windsor, this has taken the burden from the patients. It has also cut down the wait time, from a year down to one month - and even earlier depending on the seriousness of the disease.

How important is this diagnostic equipment to patients?

This is important in helping to make a diagnosis and treatment plan for cancer, specifically pancreatic cancer. But not only diagnostics — the machine helps treat complications of pancreatitis such as a pancreatic cyst.

How does the Endoscopic Ultrasound help doctors provide the best care to patients?

We no longer have to wait until our patients are assessed in London. We can make decisions right here on the best course of action for our patients.



Dr. Sabeena Misra with the new Endoscopic Ultrasound Machine

Thank you to all our donors for supporting the purchase of this machine, and other urgently-needed equipment.

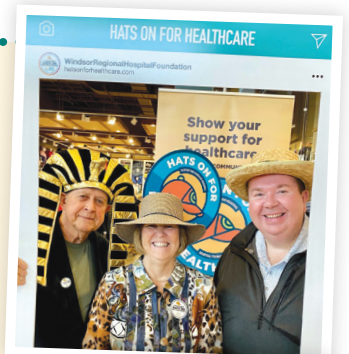
Thank you for putting your Hat on for Healthcare!

A heartfelt THANK YOU to all sponsors, donors, staff, volunteers and media partners for their incredible support for the 14th Annual Hats On For Healthcare campaign!

The event raised a whopping total of \$71,808 to support Paediatric Programs and the Neo-Natal Intensive Care Unit (NICU) — helping us care for our youngest patients.

Thank you to Devonshire Mall for hosting our Radiothon! We are grateful for all our sponsors whose support was instrumental in making the campaign a success.

Once again, the Foundation extends its deepest thanks to all those who played a part. Your support will truly make a difference in the lives of those who need it most!





Joining Hands for a Healthier Future: Sheila's Story of Giving

Sheila has seen the healthcare system from every side.

As a patient. As a volunteer. And as a family member whose sister and daughter are medical professionals. That's why Sheila says, she's "grateful for the life-saving work that healthcare professionals perform every day."

She's donated to the hospital for 27 years and been a monthly donor for the last seven. Sheila decided to become a monthly donor because "it's painless. A small monthly gift doesn't impact the quality of my life, and joined with other monthly donors, it'll make a difference in our hospital."

Sheila calls her monthly gift a simple way to improve our healthcare system. "I might not see the new hospital's completion," she says, "but I know my donations will play a part in providing better medical care for future generations."

Sheila lives in the downtown core and understands the importance of our new regional hospital because she knows the quality of care will improve. Sheila encourages others to join her. "Your monthly gift goes directly to equipment and ensures our medical staff have the right tools," she says.

By sharing her story, Sheila hopes to inspire others. "It's time to act," she exclaims. You can become a monthly donor by filling in the reply form enclosed or by contacting Cristina Naccarato at 519-254-5577 ext. 5206 or by email at Cristina.Naccarato@wrh.on.ca.

Your Gifts Support Essential Equipment!

Your gift to the Windsor Regional Hospital Foundation helps your hospital to provide the best possible care for our patients.

OR Anesthesia Service Ultrasound Machine



Used by anesthesiologists for point-of-care ultrasound, allowing clinicians to see the heart, lungs or blood vessels — improving diagnosis.

Operating Room
Cost: \$37,976.63

Radiation Contamination Monitor

Used wherever radiation may have caused contamination — like floors, walls, desks, objects, clothing or skin.

Diagnostic Imaging
Cost: \$10,798



Crash Carts

Equipped to provide life-saving support to our patients as quickly as possible.

Various Departments Across Both Campuses

Cost: \$6,300 each

Please fill out the reply form enclosed if you wish to make a special gift or go online at wrhfoundation.ca.

You help provide quality care, here at home

When Rosaire Lucier developed problems breathing, doctors knew he needed an endoscopic ultrasound.

For awhile, Rosaire had had problems eating. Food would get lodged in his esophagus, but if he tried to wash it down with water, he'd almost drown.

Nothing worked — and led to some terrifying moments. At home, and even in restaurants.

Rosaire went for testing, and doctors found a lesion on his esophagus.

If it weren't for our loyal supporters, Rosaire would have had to travel to London for treatment. But fortunately, our donors had stepped up to purchase a new Endoscopic Ultrasound Machine (see our interview with the doctor on page 2 for more details).

Rosaire was able to get his surgery right here in Windsor. He remembers the surgeons showing him the lesion when it was over — it was the size of his knuckle!



Rosaire has been breathing easy ever since. Now you can find him riding his motorbike — and enjoying his favourite foods — without worry.

He has a message of thanks for all the donors who give so that our medical teams can purchase the equipment they need:

“Travelling to London would have been hard — rooming overnight, and having someone pick me up from the hospital. And a lot of people aren't in a position to book themselves a hotel room, or don't have anyone to stay with them. So it's important we have this equipment here in Windsor, so everybody can access it.”

Thank you for supporting Men's Health

The Annual Windsor Regional Hospital Golf Tournament was held on May 24th at Essex Golf & Country Club. This year's tournament was a resounding success — raising \$52,000 to support the Dr. Richard Boyd Men's Health Program and the Urology Department.

Thank you to all of our golfers and sponsors for their support. And a special thank you to the Champion sponsors: Farhi Holdings Corporation & PCR Constructors Inc. (Seen in group photo attached)



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