



If Canadians were looking for just the right time to count their blessings, to be grateful for what they have and to concentrate on building happier, healthier relationships, it would be now. **Windsor Star Editorial, October 8, 2008**

WRH Cancer Program Lunch and Learn Schedule

Are you at risk? Your Health Matters. WRH Cancer Prevention and Screening Lunch and Learn Registration is open. "Approximately 50% of all cancers can either be prevented or detected early before they become a serious health problem". Registration is now open for the "**Your Health Matters**" lunch and learn sessions. Limited space is available. Register now for a free lunch, incentives and your chance to win prizes! Visit the WRH Intranet Site at Healthy Lifestyles, Your Health Matters to view the schedule. If you do not have computer access, use an employee kiosk at Met (hallway outside cafeteria) or Western (across from Switchboard). For more information contact Melissa Simas at ext. 72302.

Accreditation

Accreditation 2008 - Surveyors will be on-site November 30 - December 4th. Important information is located on departmental Accreditation Boards and on the Intranet Accreditation Website. Please take the time to become familiar with the Required Organizational Practices (ROPs) and your area's Accreditation Standards. A special thanks to our "Accreditation Ambassadors" who are going that extra mile and letting co-workers know that there are special Accreditation boards of information on every unit. If you don't see your information board please ask your manager.

Prepare for 'The Big Night'

The Big Night is a fundraising event for the Wellness Program for extended Psychosis program at the Western Campus (W-PEP). It will take place on Friday, October 24, 2008 at the Caboto Club. Tickets are \$100 and can be purchased at the W-PEP office at the Western Campus or in the Foundation Office at Met. Call Danielle at ext. 52656 for more information.

Chilifest

Chilifest in support of the Windsor Essex Cardiac Wellness Centre will take place on Wednesday, November 5th. Windsor firefighters will be serving up various chilies from mild to scorching hot at the downtown Windsor Armouries. Over 50 area restaurant's special recipes will be available to test your taste buds (even a few vegetarian). Tickets are only \$5 in advance and can be purchased at Met (Foundation office) or Western (Cardiac Wellness).

Did you know?

Windsor Regional Hospital recognizes 25, 30, 35 and 40 years of service through its Dedicated Years program annually. Over 125 staff members will reach these milestones this year.

The WRH Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital.

Submissions can be made to gisele_sullens@wrh.on.ca or by calling ext. 52008.

OUR MISSION: We provide outstanding care with compassion.