



“Happiness is when what you think, what you say and what you do are all in harmony.”

**Mahatma Gandhi, Indian Political and Spiritual Leader (1864 to 1948)**

## WRH Launches Cancer Prevention and Screening Program—Your Health Matters

Are you at Risk? WRH will be holding a Cancer Prevention and Screening Contest. Participate for your chance to:

- Assess your personal cancer risk
- Learn about cancer screening and prevention
- Sign up for WRH special screening times

The contest involves Met versus Western/Offsites. Win an iPod, gym membership or personal training session and help win a stereo system for your site’s gym. Participate via E-learning or attend a Lunch and Learn. Registration begins October 6. Are you up for the challenge? For more information contact Nicole Robinson at ext. 52830 or Melissa Simas at ext. 72302.

**Approximately 50% of cancers can be prevented or detected early, before becoming a serious health problem.**

## Take Your Kids to Work Day - November 5, 2008

Windsor Regional Hospital will be providing an interactive tour of various departments for children of staff in Grade 9. 'Take Your Kid to Work Day' is part of the Grade 9 curriculum for most High Schools. WRH does not support children shadowing their parents on this day in any department. Please talk to your child and determine whether they would be interested in participating in the Windsor Regional Tour. For more information contact Renee Hopes at ext. 52343 or Linda DiPaolo at ext. 72563.

## Last Chance for Will Bowen Tickets

Reminder—WRH will be hosting **Will Bowen**, author of *A Complaint Free World* and inspiration for our own award winning, *Can the Complaining* initiative on Wednesday, October 8th, 2008. Tickets for the presentation are \$25 For more information, contact Danielle Ramsten @ ext. 52656.

### Did you know?

**That Security is responsible for Lost and Found.**

**If you are missing or have found something, it is a good idea to contact them first.**

The WRH Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital. Submissions can be made to [gisele\\_sullens@wrh.on.ca](mailto:gisele_sullens@wrh.on.ca) or by calling ext. 52008.

**OUR MISSION:** We provide outstanding care with compassion.