



# Windsor Regional Hospital

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# Tribune

The ancestor of every action is a thought.

**Ralph Waldo Emerson**

## WI-FI introduced at Windsor Regional Hospital

We are pleased to announce that Wi-Fi will be available in the Met Cafeteria. The new service is introduced in partnership with Cogeco Cable. This wireless service will be available free of charge to existing Cogeco customers and will be \$5 for 2 hours for those who are not subscribers. The Met Cafeteria site is the pilot and this will be rolled out to the Western Campus in the near future. This initiative is the result of a genius lab submission made by Financial Analyst, **Barry Goodfellow**.

## Zero-Based Budgeting

Windsor Regional Hospital is moving forward with the implementation of a **Zero-based Budgeting** process. In keeping with our mission—'We provide Outstanding Care with Compassion', each department will be asked to develop their operating budget "**from the ground up**". The work will be completed over the next four months. Assistance will be provided to each department through a series of workshops designed to establish appropriate workload targets and best practices in service delivery. Watch for more information coming your way on this innovative and exciting initiative.

## New Vendor for Stationary Supplies

**Corporate Express** has been named Windsor Regional Hospital's supplier of stationary supplies. Effective August 1, 2008, supplies can be ordered from Corporate Express. For more info contact David Makila at ext. 52432.

## WRH Golf Tournament a Success!!!!

Congratulations to all those who contributed to making the 14th annual WRH/Devonshire Mall Golf Tournament a success—golfers, sponsors and volunteers! 235 golfers participated and raised \$65,000 for High Risk Birthing Rooms. Special recognition was given to **Karen Stephens** from the WRH Foundation for her efforts in organizing this tournament.

## 10,000 Steps to 10,000 Pounds Initiative

Staff are encouraged to report their weight loss progress on the 10,000 steps to 10,000 pounds section of the website. Your weight does not need to be entered—just your progress. All those who enter this week will have one more chance to win a personal shopping experience with a WRH Dietician. To date, we have lost 1,248 pounds collectively—Congratulations!!! There is also a section to ask a Dietician a question. If you do not have access to the Intranet, contact Stephanie Marcus in Human Resources at ext. 52330.

## May is Speech and Hearing Awareness Month

Many of us take our hearing and ability to speak for granted. Whether we are chatting on the basketball court or listening to the radio, our ability to communicate is vital. For every 1 out of 10 Canadians, however, speech, language or hearing problems are a daily challenge. Many people have difficulty swallowing, a condition known as Dysphagia which is a serious problem that can affect up to 65 percent of stroke survivors. Hospital Speech Pathologists and Audiologists are recognized as experts in communication, swallowing and hearing disorders. Referrals can be made to the Speech or Audiology Departments at ext. 52667.

**Did you know? WRH is seeking musicians to perform as part of the "In Concert with Wellness" series. For more information, contact Public Affairs at ext 52005.**

**The WRH Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital. Submissions can be made to gisele\_sullens@wrh.on.ca or by calling ext. 52008.**